



# Parents for Children's Mental Health

SUPPORT. EDUCATE. EMPOWER.

## FAMILY ENGAGEMENT DAY

Saturday May 5th from 8:30 AM to 4PM  
The Family Centre, 65 Hanson Ave., Kitchener

**We invite families to join us for a day of guest speakers. Our Keynote Speaker, Perry Mason will discuss Bullying Intervention and Restorative Justice. Free lunch will be provided.**

### Breakaway Workshops Include:

#### IEP / IPRC Processes

Scott Miller  
Superintendent WRDSB

#### Mental Health & Addictions

Lyndsey Gilbert  
Addictions Therapist, Youth  
Worker, Homewood

#### Trauma Workshop - Part 1

Emily Gray  
Manager, Front Door

#### Advice for siblings with mental health

Holly & Julie,  
Young Carers

#### Strategies for the Treatment of Anxiety & Depression

Dr. Tavares MD FRCPC  
Psychiatrist

#### Trauma Workshop - Part 2

Emily Gray  
Manager, Front Door

#### School Attendance & Anxiety

Virginia Bateman, RN Mental  
Health and Addiction Nurse,  
CCAC

#### Family Engagement within the Mental Health System

Angela Sider MA Family  
Engagement Specialist, PCMH

#### Accessing Mental Health Services FRONT DOOR

Emily Gray  
Manager, Front Door

Register Online at:

[www.eventbrite.ca/e/pcmh-family-engagement-day-tickets-44579054151?aff=es2](http://www.eventbrite.ca/e/pcmh-family-engagement-day-tickets-44579054151?aff=es2)