

Do you have a child or youth who is not moving past a difficult situation?

Do you have questions about how to help your child or youth cope with their feelings after difficult situations?

## Carizon & Lutherwood offer Trauma Informed Parenting Workshops

Trauma Informed Parenting Workshops are being offered in the Waterloo Region for parents/caregivers of children and youth who have experienced trauma. The purpose for these workshops is to assist parents/caregivers with understanding trauma and what it means to parent their child from a trauma-informed perspective.

### Upcoming Workshops:

When: **Wednesday October 17, 2018**

Where: Elgin Street Public School

Time: 6:00pm to 8:00pm

Address:

685 Elgin St. N

Cambridge, On N1R 7W6

**Interpreters** provided upon request! **Child minding** is also available for these sessions!

**Registration is required!** For more information or to register, please call 519-749-2932 ext. 2 or visit our website [www.carizon.ca](http://www.carizon.ca).

### Join us to learn:

- What trauma is
- Common responses that children and youth have
- Tools to help your child/youth cope with difficult situations

Front Door

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**CARIZON**  **Lutherwood**  
Inspiring Hope + Wellness in Our Community [www.lutherwood.ca](http://www.lutherwood.ca)